

Coaching Skills For Managers

Coaching is the quickest and most effective method of developing members of staff and this programme helps turn managers into effective coaches.

To increase return on investment and boost productivity, your employees need to function at their very best. Good coaching and performance management leads to self-motivation and an attitude that is oriented towards solutions and continual improvement rather than problems and avoidance. This course provides the coaching skills to develop the potential of your employees, peers and others.

Who is it For?

This programme is a fun, highly participative and practical course designed to provide managers, team leaders, supervisors, and line managers with the tools and skills necessary to become an outstanding coach.

What is it about?

Through practical workshops and role-playing exercises, you enhance your leadership style with proven coaching techniques that provide a pathway to excellence for the entire organisation.

What will I get out of it?

- ▶ Understand your role as a coach
- ▶ Learn and practise the key skills of a really effective coach
- ▶ Discover the magic of rapport
- ▶ The principles and techniques of great listening skills
- ▶ Rules for giving constructive feedback to team members
- ▶ An understanding of the importance of non-verbal communication when coaching

Would you like to attend this program?

- ▶ For maximum effectiveness, this program is best conducted as an in-house program.
- ▶ **Ideal group size:** 4 - 8 participants.
- ▶ **Venue:** For your convenience, you can choose to conduct this program at your business premises. Alternatively, we can provide a training venue at a small additional cost.
- ▶ **Duration:** 2 day programme
- ▶ **Cost:** Price on request.